

SITE STUDYING

Before designing and applying tactile surfaces on subject, a study of sites was done. Data collection used is a mix of secondary archival readings and a simple survey to determine the selections of sites. This project tackles on elevating moods, helping to sooth negatives moods such as anxiety, stress, fear and boredom.

The suggestion is using sensory experience as stress relief, subject matter would be office setting. Office gives a busy, hectic, and stressful mood; people generally spend many hours working in office, not to mention some of the jobs that require working overtime. Studies shown workers having panic attack, mental breakdown, eventually increases health issues like high blood pressure and even increase of suicide rate especially in Japan working culture. The artist hopes to resolve this by installing tactile stimulations that reduce stress and provide a short break from the working desk. Perhaps by installing tactile similar to stress ball techniques, pull the hectic focus on the worker and land it gently on the stress ball tactile, take a short break from hectic reality and use the coping mechanism as a reminder to release tensions by experiencing sensory stimulation. Soft and pastel colours are selected to give a twist to the hectic office atmosphere and a quieter atmosphere. Tactile chosen should be very mellow, not tensed and fluffy